



www.energystar.gov/powermanagement

And turning off your computer before you leave work

- *Saving 8 gallons of gasoline*
- *Removing more than a week's worth of emissions from a car*
- *Adding 2,000 square feet of trees*

200 kWh per year, equal to:

Your sleeping monitor saves nearly

Save without sacrifice. Your organization has just joined many others nationwide to help save energy, save money, and protect the environment by letting idle computer monitors rest. Monitor power management will not affect your computer's performance. It automatically puts your monitor into a low power or "sleep" mode after it has been idle for a certain amount of time. A simple touch of the mouse or keyboard "wakes" the machine within seconds, without affecting what you were previously working on.

SLEEP

is good.

